



### RISE & SHINE

Granola bar served with honey yoghurt topped with a berry compote drizzled with honey.

R 29.00

French toast dusted with cinnamon & served with syrup

R 34.00

Fresh croissant served with scrambled egg & oven roasted tomatoes

R 39.00

Sanloo Surprise

R 55.00

Two Eggs, Bacon, Fried Onions & Mushrooms, Tomato served with White or Brown toast.

Includes a free Coffee or Tea

### KIDDIES MENU

Mini Crispy Chicken Strips served with	
Potato Smiles	R 28.00
Mini Ham & Cheese Pizza	R 25.00
Toasted Cheeseserved with Potato Smiles	R 25.00

## APPETIZING & MOUTH WATERING DISHES

Caramelized red onion & Rump steak sandwich	R 45.00
Cheesy oregano chicken Sandwich	R 45.00
Grilled vegetable & feta cheese sandwich	R 45.00
Golden Croissant with a bacon, Avo(seasonal) & cream cheese centre	R 38.00
Sticky Chicken Gourmet Burger served with a garlic mayonnaise & homemade fries	R 55.00
Gourmet Burger & caramelized red onion served with homemade fries with a rosemary salt	R 55.00
HEALTHY SALADS & QUICHE	
Sticky rosemary chicken, bacon and Avo(seasona	al) R45.00

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Sticky rosemary chicken, bacon and Avo(seasona served with a green salad	R45.00
Cheesy oregano chicken Salad	R 45.00
Quiche's of the day with a rosemary crust served with a green salad and herb dressing	R39.00

## **SOMETHING SWEET**

Fresh Croissants served with Strawberry Jam & butter	R 24.00
Cake of the day	R 35.00
Ice Cream & Chocolate sauce	R 18.00

# HOT BEVERAGES

## Coffee

Filter Coffee-served with hot or cold milk	R14
Decaf Coffee – served with hot or cold milk	R14
Espresso – single shot	R18
Cappuccino – with froth or cream	R18
Café Latte – single shot of espresso with frothed milk	R18
Moccachino – shot of Espresso in hot chocolate	R20
Rich Hot Chocolate – topped with whipped crean and marshmallows	n R18
Теа	
Tea Five Roses	R10
Earl Grey Tea	R12
Rooibos	-R10
Spicy Chai Tea Latte	R20
Green Tea	R10

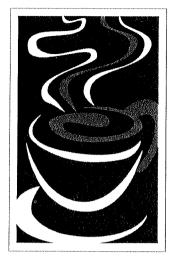


# **COLD BEVERAGES & MILKSHAKES**

Minute Maid	R13
Soft Drinks	R13
Still or Sparkling Water	R11
Rooibos Mint Iced Tea	R13
Grapetizer	R17
Milkshakes  Vanilla Chocolate Strawberry Coffee	R18
Kiddie's Milkshakes Vanilla Chocolate	R13

Strawberry

WINE LIST AVAILABLE





#### **STARTERS**

R 40.00

R 35.00

Deep Fried Calamari strips (001)

Crumbed Mushrooms (004)

Served with Tartar sauce

Served with tartar sauce	
Portuguese Garlic Roll (002) Portuguese Roll with garlic butter & Cheddar and Mozzarella cheese	R 28.00
Chicken Salad (003) Lettuce, Cherrie tomatoes & Cucumber ribbons with feta Cheese & Olives and Grilled Chicken strips	R 45.00

#### MAIN COURSE

All meals will be served with Rice or Couscous or Potato Wedges and two Vegetables of the day or a Greek Salad

Chicken Breast Crumbed or Grilled (005) served with Cheese or Mushroom sauce

Or

Grilled Pork Chops (006) served with Apple sauce or Gravy

Or

Crispy Fish and tartar sauce (007)

Or

Moroccan Beef Stew(008)

Or

Traditional Bobotie(010)
Served with coconut & banana & chutney

Or

Lamb Chops & Boerewors & Egg (011)
Served with Pap & Tomato Relish

Or

200g Rump & Egg(012)

All of the above is charged at R 80.00

### **SOMETHING SWEET**

Cake of the day (011)	R 35.00
Brownies & Ice cream (012)	R 35.00
Ice Cream & Chocolate sauce (013)	R 18.00
Malva pudding & Ice Cream or Custard (014)	R 35.00



R13

### COLD BEVERAGES & MILKSHAKES

Minute Maid

Strawberry	
Chocolate	
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Kiddie's Milkshakes	
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Strawberry	
Chocolate	
sllinsV	81A
Milkshakes	
Grapetizer	718
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Rooibos Mint Iced Tea	R13
Still or Sparkling Water	RII
	0111
Soft Drinks	E1A
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### WINE LIST AVAILABLE

# R10 Green; Tea Spicy Chai Tea Latte R20 R10 Rooibos Earl Grey Tea R12 R10 Tea Five Roses Tea and marshmallows **818** Rich Hot Chocolate - topped with whipped cream Moccachino - shot of Espresso in hot chocolate R20 **81**8 frothed milk Café Latte - single shot of espresso with **B18** Cappuccino - with froth or cream Espresso – single shot **818** Decaf Coffee - served with hot or cold milk BIT 비심 Filter Coffee-served with hot or cold milk Coffee

HOT BEVERAGES